

# SCHOOL LUNCH MENU

Thanks for your Participation!!



## Moore Catholic H.S.

NOVEMBER  
2018




Choose your side and make it a meal!

Vegetable of the day  
Roasted potatoes  
French fries  
Mixed salad  
Mashed potatoes  
Onion rings  
Rice of the day  
Beans of the day

Fresh fruit of the day  
(Apple, Orange, Pear)

Side choices depend on Entrées for that day.

 **FOUR SEASONS**  
food service management

Mon	Tue	Wed	Thu	Fri
		1 Crispy chicken on a bun Panini— Ham & swiss Meatball sub Buffalo wings Macaroni & cheese	2 Hamburger / cheeseburger Grilled Chicken wrap Bean & cheese burrito Chicken parm Frittata (tomato, basil) Onion rings	3 TACHS Exam  Holiday
6 Philly cheese steak Chicken quesadillas Penne Alfredo Fried chicken Pizza bites	7 Rigatoni Pomodoro <b>Chicken tenders</b> Sausage/peppers & onions Pizza egg roll Panini –Grilled chicken	8 Chicken parm wrap Potatoes & eggs Hamburger / cheeseburger Grilled Pork chop w/bruschetta B.L.T. sub	9 Pasta w/Vodka sauce Pizza Mozzarella sticks Panini– Eggplant parm Chicken nuggets Grilled chicken gyro	10 Veterans Day No Service
13 Chicken fritters Tortellini w/ chicken & peas Pulled pork Chicken bruschetta sub Mini tacos (7pc)	14 <b>Early Thanksgiving</b> Hot turkey w/ gravy Corn, mashed potatoes, stuffing and cranberry sauce. Chicken cutlet Stuffed shells Mac & cheese wedges (5pc)	15 Sausage & peppers quesadillas <b>Chicken tenders</b> <b>Cheese Ravioli</b> <b>Beef Empanada</b> Grilled chicken platter	16 Hamburger / cheeseburger Chicken wrap Panini– mozzarella, tomato & roasted peppers Chicken parm Beef & broccoli	17 Pasta w/Vodka sauce Pizza Mozzarella sticks Chicken nuggets Eggplant hero w/roasted peppers Black bean burger
20 Grilled chicken & mozzarella sub (served hot) Chicken tenders Rotini Pasta w/ butter sauce Bean & cheese quesadillas Beef tacos	21 Chicken fritters Bacon cheeseburger Spaghetti garlic & oil Chicken pot pie Pepper steak	22 Pasta w/Vodka sauce Pizza Mozzarella sticks Chicken nuggets Pancakes with bacon Chicken teriyaki over rice	23 School Closed 	24 School Closed Thanksgiving recess
27 Macaroni & Cheese Pizza Bites Popcorn Chicken Meatball Sub Cuban Panini	28 Roasted chicken wings Meatball parm –Panini Cheese Manicotti & garlic bread Chicken tenders Grilled hot dog	29 Panini- Pulled pork Popcorn chicken wrap Pasta primavera Meatloaf & potatoes Spicy chicken gyro	30 Hamburger / cheeseburger Chicken wrap Mini burritos (5pc) Chicken parm Boneless buffalo wings	<u>Vegetarian option available daily and made to order.</u> Cheese quesadillas Veggie burger Grilled cheese

