



# *Moore Catholic High School*

Preparing for the Easter Mysteries

Lent 2019



Lent is a season for deepening our relationship with Christ. As we reflect throughout this 40 day Lenten journey with our Lord, let us be reminded of the times we have mirrored the image of Him even in the littlest of kind deeds we have done for one another.

*To Our Moore Catholic Families:  
May the love of Lord be with you this Lent and always!  
On behalf of the faculty and staff,  
we pray that you have a blessed Lent.  
Jillian Kelly  
Campus Minister*

“Lent is a favourable season for opening the doors to all those in need and recognizing in them the face of Christ.”

-- Pope Francis

We are **PRAYING**



The Moore Catholic community received ashes in our school Chapel from our Chaplain, Fr. Soju. He lead individual class prayer services and his message to all students was to embrace the three elements of Lent: Prayer, Fasting, and Almsgiving.

Each class will participate in class retreats where they will have the opportunity to reflect on their Lenten journey.

Students, faculty, and staff will pray and reflect on Christ's sacrifice for us during the Stations of the Cross.

We are **FASTING**



As Jesus fasted for 40 days in the wilderness His strength grew stronger the more he resisted temptations. He showed us that we do not have to be controlled by our temptations and that we can resist and ask for mercy.

In His own words taken from the Gospel of Matthew,

“It is written: ‘One does not live by bread alone,

but by every word that comes forth from the mouth of God.’”

He revealed the truth about fasting and explained all nourishment comes from God and He acknowledges God as the sole source of His strength.

Students, faculty, and staff will be able to receive the Sacrament of Penance during the third week of Lent.

We are **ALMSGIVING**



A beautiful scripture passage, John 13:15, sets an example for us to follow: Jesus washes his disciples' feet in an act of love, humility, and service. He encourages us to follow His lead and serve one another. Moore Catholic is a school of service living by the encouragement “not words, but deeds” as said by Venerable Nano Nagle. As a school-wide almsgiving project we will participate in the annual Bread of Life Drive (BOLD) that is organized by the Notre Dame Club of Staten Island.

We invite our families to join in our Lenten journey. Please contact our Campus Minister, Mrs. Jillian Kelly, for more information at [jkelly@moorechs.org](mailto:jkelly@moorechs.org).